



North Carolina Medical Society
Employee Benefit Plan

ENROLLMENT APPLICATION AND CHANGE FORM

Please Use Ink When Completing

- ENROLLMENT FORM - Complete Sections A, C, D, E, and all other applicable sections.
- CHANGE FORM - Complete Section A, B, and all other applicable sections.

| | |
|---------------------------------------|----------------|
| COMPLETED BY GROUP ADMINISTRATOR ONLY | |
| GROUP NUMBER | |
| DEPT/DIV NUMBER | EFFECTIVE DATE |

A. EMPLOYEE INFORMATION

| | | | | | | |
|------------------------------|---------------------------|------|------------------------|------------|----------------|--------|
| LAST NAME | FIRST NAME | MI | SOCIAL SECURITY NUMBER | | MARITAL STATUS | SEX |
| DATE OF BIRTH | ADDRESS | CITY | STATE | ZIP CODE | COUNTY | E-MAIL |
| DATE OF FULL-TIME EMPLOYMENT | EMPLOYER NAME AND ADDRESS | | WORK LOCATION | OCCUPATION | PHONE NUMBER | |

B. IF MAKING A CHANGE FROM PREVIOUS ENROLLMENT

| | | | | |
|---|---|---|--|---|
| CHECK ALL THAT APPLY: <input type="checkbox"/> Name <input type="checkbox"/> Address <input type="checkbox"/> Telephone <input type="checkbox"/> Date of Birth Correction <input type="checkbox"/> Replace ID Card <input type="checkbox"/> Open Enrollment <input type="checkbox"/> Late Applicant <input type="checkbox"/> Other Insurance Information | ADD DEPENDENT(S): DATE OF OCCURENCE <input type="checkbox"/> Marriage _____ <input type="checkbox"/> Newborn _____ <input type="checkbox"/> Adoption _____ <input type="checkbox"/> Other _____ | REMOVE DEPENDENT(S): DATE OF OCCURENCE <input type="checkbox"/> Marriage _____ <input type="checkbox"/> Divorce _____ <input type="checkbox"/> Dependent Age _____ <input type="checkbox"/> Death _____ <input type="checkbox"/> Other _____ | CANCEL COVERAGE: DATE OF OCCURENCE <input type="checkbox"/> Not Eligible _____ <input type="checkbox"/> Left Employment _____ <input type="checkbox"/> Subscriber Request _____ <input type="checkbox"/> Other _____ | CONTINUE COVERAGE: <input type="checkbox"/> State Continuation (groups under 20 employees) <input type="checkbox"/> COBRA (groups with 20 or more employees) Continuation Effective Date _____ CONTINUATION REASON: <input type="checkbox"/> Death of Subscriber <input type="checkbox"/> Reduction in Hours <input type="checkbox"/> Termination of Employment <input type="checkbox"/> Over Age Dependent <input type="checkbox"/> Medicare Eligible <input type="checkbox"/> Divorce |
|---|---|---|--|---|

C. COVERAGE ELECTION

| | | | | | | | | | |
|---|------------------|-----------------------------------|----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|----------------------------------|--|----------------------------------|
| MEDICAL PLAN <i>(check one)</i> | PPO | <input type="checkbox"/> 1000-70 | <input type="checkbox"/> 1500-70 | <input type="checkbox"/> 2000-80 | <input type="checkbox"/> 2000-70 | <input type="checkbox"/> 2500-80 | <input type="checkbox"/> 2500-70 | <input type="checkbox"/> 2500-60 | <input type="checkbox"/> 3500-80 |
| | | <input type="checkbox"/> 3500-70 | <input type="checkbox"/> 3500-60 | <input type="checkbox"/> 4000-70 | <input type="checkbox"/> 5000-60 | <input type="checkbox"/> 5000-70 | <input type="checkbox"/> 6000-60 | <input type="checkbox"/> 7900-100 | |
| | PPO 1-2-3 | <input type="checkbox"/> 1500 | <input type="checkbox"/> 2000 | <input type="checkbox"/> 2500 | <input type="checkbox"/> 3500 | <input type="checkbox"/> 4000 | <input type="checkbox"/> 5000 | <input type="checkbox"/> 5000 (alternate Rx) | |
| | HDHP | <input type="checkbox"/> 2700-100 | <input type="checkbox"/> 2700-80 | <input type="checkbox"/> 3500-100 | <input type="checkbox"/> 3500-70 | <input type="checkbox"/> 5000-100 | | | |
| | | <input type="checkbox"/> 6350-100 | <input type="checkbox"/> 5500-70 | <input type="checkbox"/> 7000-100 | <input type="checkbox"/> 7500-100 | | | | |

| | | | | | |
|--|---|---|---|--|--|
| COVERAGE TYPE <i>(check one)</i> | <input type="checkbox"/> Employee Only | <input type="checkbox"/> Employee/Spouse/Domestic Partner | CLASS TYPE <i>(must indicate one)</i> | <input type="checkbox"/> Physician | <input type="checkbox"/> Non-Physician |
| | <input type="checkbox"/> Employee/Child | <input type="checkbox"/> Employee/Children | | <input type="checkbox"/> Employee/Family | |

DECLINE COVERAGE *(check one)*

I am rejecting Employee Coverage I am rejecting Dependent/Spouse Coverage

Declining coverage for the following reason (check one):

Another plan offered by my employer COBRA or State Continuation An individual plan My spouse's group coverage

I and/or my dependents are not covered by any other health benefit plan A government plan (type): _____

Other (explain): _____

Names of any dependents rejecting coverage: _____

I understand that if I elect to apply for coverage for myself, my spouse/domestic partner, and/or my dependent child(ren) through this employer health plan at a later time, I may be delayed until the employer's open enrollment period.

Important Notice of Special Enrollment: If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance (including Medicaid or Children's Health Insurance Program (CHIP)) or group health plan coverage, you may be able to enroll yourself and the dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing towards your or your dependents' other coverage). However, you must request enrollment within 30 days after you or your dependents' other coverage ends (other than Medicaid or CHIP) or if the employer stops contributing towards your or your dependents' other coverage and within 60 days after the loss of Medicaid or CHIP eligibility.

In addition, if you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However you must request enrollment within 30 days after the marriage, birth, adoption, or placement for adoption or foster care, except when adding a dependent child will not change your coverage type or premiums that are owed.

SIGN BELOW ONLY IF DECLINING HEALTH COVERAGE.

Signature of Declining Employee: X _____ Date: _____

Employee Name: _____

D. FAMILY INFORMATION (ONLY complete for anyone taking medical coverage)

| NAME (First, Middle Initial, Last) | SOCIAL SECURITY NUMBER (Required for Spouse/DP Only) | BIRTHDATE mm/dd/yyyy | GENDER | CHILD STATUS (if applicable) |
|---|---|-------------------------|--------|---|
| <input type="checkbox"/> SPOUSE <input type="checkbox"/> DOMESTIC PARTNER | | | | |
| CHILD #1 | | | | <input type="checkbox"/> Foster <input type="checkbox"/> Adopted <input type="checkbox"/> Handicapped |
| CHILD #2 | | | | <input type="checkbox"/> Foster <input type="checkbox"/> Adopted <input type="checkbox"/> Handicapped |
| CHILD #3 (If you have more than three children, complete Section D on another application) | | | | <input type="checkbox"/> Foster <input type="checkbox"/> Adopted <input type="checkbox"/> Handicapped |

E. COORDINATION WITH OTHER INSURANCE COMPANIES (If you have more than one additional policy in force, complete Section E of another application)

This section **MUST** be completed if you have additional insurance in force. Will you or your covered dependents have other insurance in addition to this policy? Yes No **IF YES TO EITHER QUESTION, complete below:**

Are any dependents covered under another plan due to divorce/separation? Yes No

| | | | |
|--|--|-------------------------------------|--------------------------------|
| NAME, ADDRESS AND PHONE NUMBER OF HEALTH INSURANCE COMPANY | | POLICYHOLDER NAME AND DATE OF BIRTH | |
| POLICYHOLDER'S EMPLOYER, ADDRESS AND PHONE | | POLICYHOLDER SOCIAL SECURITY NUMBER | |
| POLICY NUMBER | EFFECTIVE DATES OF COVERAGE FROM: _____ TO: _____ | | |
| INDIVIDUALS COVERED | | FAMILY MEMBERS COVERED BY MEDICARE | |
| MEDICARE CLAIM NUMBER | IS MEDICARE ELIGIBILITY DUE TO: <input type="checkbox"/> Renal Disease <input type="checkbox"/> Age <input type="checkbox"/> Disability | MEDICARE PART A EFFECTIVE DATE | MEDICARE PART B EFFECTIVE DATE |

F. BENEFICIARY DESIGNATION/CHANGE (If your employer offers Term Life and AD&D Insurance) Check if New Employee Check if Change Only

This will revoke and replace any existing beneficiary designations you may have for these benefits.

PRIMARY BENEFICIARY(IES)
(Will receive proceeds if living at death of Employee)

| NAME (First, Middle Initial, Last) | ADDRESS | BIRTHDATE (mm/dd/yyyy) | RELATIONSHIP | PERCENTAGE |
|---------------------------------------|---------|---------------------------|--------------|------------|
| | | | | |
| | | | | |
| TOTAL MUST EQUAL 100% = | | | | |

CONTINGENT BENEFICIARY(IES)
(Will receive proceeds if primary beneficiary[ies] are not living)

| NAME (First, Middle Initial, Last) | ADDRESS | BIRTHDATE (mm/dd/yyyy) | RELATIONSHIP | PERCENTAGE |
|---------------------------------------|---------|---------------------------|--------------|------------|
| | | | | |
| | | | | |
| TOTAL MUST EQUAL 100% = | | | | |

G. DEPENDENT LIFE INSURANCE (If your employer offers Dependent Life Insurance)

Dependent Life Coverage Election: Accept Decline

Employee Name: _____

H. UNDERWRITING QUESTIONS FOR ALL APPLICANTS

Please provide the answers to the following questions as they pertain to any person, employee or dependent, applying for coverage.

| Condition | Yes | No | Condition | Yes | No |
|--|-----|----|--|-----|----|
| Accidental Injury | | | High Risk Pregnancy | | |
| AIDS/HIV Disease | | | Intestinal Malabsorption | | |
| Alcohol or Drug Dependency or Abuse | | | Liver Disease | | |
| Alpha 1 (Antitrypsin Deficiency) | | | Mental Disorder/Depression | | |
| Amyloidosis | | | Morbid Obesity | | |
| Anterior Horn Cell Disease | | | Mucopolysaccharidoses (Morquio syndrome) | | |
| Back Disorders | | | Multiple Sclerosis | | |
| Blood Disorder (Hemophilia, sickle cell, etc.) | | | Muscular Dystrophy | | |
| Bronchial or Pulmonary Candidiasis | | | Nervous System Disorder | | |
| Burns - Severe | | | Osteomyelitis | | |
| Cancer, Leukemia, Lymphoma, Neoplasms, etc. | | | Pancreatitis | | |
| Cardiomyopathy | | | Renal Disease | | |
| Cerebral Vascular Disease/Stroke | | | Respiratory Problem | | |
| Chronic Inflammatory Demylinating Polyneuropathy | | | Seizures | | |
| Cystic Fibrosis | | | Septicemia | | |
| Diabetes or High Blood Sugar | | | Traumatic Injury - Major (Spinal cord, head, etc.) | | |
| Gaucher's Disease | | | Toxoplasmosis | | |
| Heart/Lung Disease | | | Tuberculosis | | |
| Hepatitis | | | Other _____ | | |
| High Blood Pressure | | | Other _____ | | |

Indicate if any person, eligible employee or dependent, applying for coverage,

Is currently pregnant? Yes No

Is scheduled for hospitalization and/or surgery? Yes No

Has undergone treatment for any mental or physical illness during the past two years which resulted in expenses in excess of \$10,000? Yes No

Had had a serious job related injury in the past two years? Yes No

Is a potential transplant recipient? Yes No

Has had or is considering gastric bypass? Yes No

Has an implant of a heart assist device? Yes No

For any applicant, provide all conditions or diagnosis, treatment, medication, surgery, for all medical conditions ongoing or where treatment occurred in last three (3) years. Also include information for any YES answers above. If more space is needed, submit a separate sheet with your signature and date. Please print clearly and legibly.

| | DIAGNOSIS | TREATMENT AND MEDICATIONS | LAST DATE TREATED |
|--------------|-----------|---------------------------|-------------------|
| Applicant #1 | | | |
| Applicant #2 | | | |
| Applicant #3 | | | |
| Applicant #4 | | | |
| Applicant #5 | | | |
| Applicant #6 | | | |

Employee Name: _____

I. STATEMENT OF UNDERSTANDING, LEGAL NOTICES, AND AUTHORIZATION (Signature Required)

I understand that the benefits for which I (we) will be eligible are those described in the group contract (including the benefit booklet) and any changes provided for therein. I certify that all statements made herein and on all sections of this application are complete and true to the best of my knowledge. I understand that the NORTH CAROLINA MEDICAL SOCIETY EMPLOYEE BENEFIT PLAN ("PLAN") and/or the life insurance carrier may, within two years of the date of this application, rescind my policy for any of my acts or practices that constitute fraud or if I make an intentional misrepresentation of material fact. If fraudulent mis-statements were made, the PLAN may take legal action at any time.

I understand that if I am applying for a HDHP product and my employer has established an HSA, the HSA will be provided to me directly by a separate administrator, unaffiliated with the PLAN. The PLAN is not responsible or liable for administration of the HSA. I understand that if I am applying for a medical plan paired with an HRA and my employer has established an HRA, the HRA may be administered by BCBSNC separately from my health insurance, or by a separate administrator. Detailed information regarding by HSA/HRA will be provided by the designated administrator. I understand that if my employer establishes an HSA/HRA, my employer or their designees will share certain personal information about me with these administrators to facilitate the administrator's establishment of the HSA/HRA account. By signing this application, I authorize my employer or their designees to share pertinent information with these selected administrators as applicable, which may include my name, address, social security number and my employer's name. I understand that if issued a debit card in connection with my HSA/HRA, I agree that although BCBSNC's name and marks may be included on the face of the debit card for convenience, BCBSNC nor the PLAN are responsible or liable for administration of my debit card. The terms and conditions associated with my debit card are governed by my agreement with the bank issuing the card.

HSA Only: BCBSNC nor the PLAN take responsibility for determining eligibility to contribute to an HSA and that I should consult a tax advisor if I have questions. By signing this application, I understand that I am authorizing the administrator to establish an HSA on my behalf, as of the date corresponding with the effective date of my coverage with my employer.

Notice of Women's Health and Cancer Rights Act

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for: 1) All stages of reconstruction of the breast on which the mastectomy was performed; 2) Surgery and reconstruction of the other breast to produce a symmetrical appearance; 3) Prosthesis and; 4) Treatment of physical complications of the mastectomy, including lymphedemas. These benefits will be provided subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under the plan. For questions or to obtain more information, contact: North Carolina Medical Society Employee Benefit Plan, Attention: Customer Service, P.O. Box 97968, Raleigh, NC 27624, 1-800-662-7917 (toll free).

Statement of authorization for release of protected health information

I understand that if I refuse to sign this authorization that the PLAN and/or USABLE Life may refuse to enroll me or determine that I am not eligible for benefits in the PLAN and/or USABLE Life.

I understand that my protected health information is individually identifiable health information, including demographic information, collected from me or created or received by a health care provider, a health plan, or a health care clearinghouse and that relates to: (i) my past, present, or future physical or mental health or condition; (ii) the provision of health care to me; or (iii) the past, present, or future payment for the provision of health care to me.

I authorize any current or past medical professional, medical care institution, pharmacy benefit manager or other medical care giver that has treated me or provided medical services or supplies to me to disclose my protected health information to Blue Cross and Blue Shield of North Carolina ("BCBSNC"), the PLAN, and/or USABLE Life. I further authorize the PLAN and/or USABLE Life to review any applications for health care coverage that I may have submitted to the PLAN and/or USABLE Life in the past.

I authorize the PLAN, BCBSNC and/or USABLE Life to receive, use and disclose as necessary my protected health information in connection with any underwriting or eligibility determination purposes in connection with the coverage for which I have applied. The protected health information (excluding psychotherapy notes) that may be used and disclosed is as follows: Medical records or any information concerning my current or past health status or treatment received from my medical care providers or previous applications for health care coverage. I understand that the PLAN, BCBSNC and/or USABLE Life will use my protected health information to determine my eligibility for enrollment and my premium rate. I understand that the PLAN, BCBSNC and/or USABLE Life will make every effort to safeguard my protected health information. I further understand that the PLAN, BCBSNC and/or USABLE Life will not disclose my protected health information unless I request it or when state or federal privacy laws permit or require the PLAN, BCBSNC and/or USABLE Life to disclose my protected health information. I understand that the PLAN, BCBSNC and/or USABLE Life may disclose my protected health information to individuals or organizations that are not health care providers, health care clearinghouses, or health plans covered by the federal privacy regulations. I understand that if my protected health information is received by individuals or organizations that are not health care providers, health care clearinghouses, or health plans covered by the federal privacy regulations, my protected health information described above may be re-disclosed and no longer protected by federal privacy regulations.

I understand that I may revoke this authorization at any time by sending a written notification addressed to:

| | |
|--|-------------------------|
| Tobacco Rating | USABLE Life |
| Blue Cross and Blue Shield of North Carolina | 320 West Capital Avenue |
| P.O. Box 30013 | Suite 700 |
| Durham, NC 27702 | Little Rock, AR 72201 |

and this revocation will be effective for future uses and disclosures of protected health information. However, I further understand that this revocation will not be effective: (i) for information that the PLAN, BCBSNC and/or USABLE Life already used or disclosed, relying on this authorization or (ii) if the authorization was obtained as a condition of coverage in the PLAN and/or USABLE Life and, by law, the PLAN and/or USABLE Life has a right to contest the coverage.

This authorization expires 120 days from the date this authorization is signed by the applicable person listed below. After 120 days expire, the PLAN, BCBSNC and/or USABLE Life may no longer use this information.

Signature of Employee: X

Date: _____